human services

Making decisions
and getting help if you need it

As a person with a disability, you have a right to make decisions about the things that are important to you. Sometimes you might need other people to help you. When others help, they need to think about seven decision making principles.

1. I have the right to make decisions
2. I can make decisions
3. I might sometimes need help to make decisions
4. I might be able to make decisions about some things but not others
5. I can learn from trying things out
6. I might want to change my mind
7. I might make decisions others might not agree with





For managers, workers and other supporters.

For more information or to get copies of the publications shown here:

- ✔ Contact your disability service provider
- ✔ Contact a Department of Human Services regional office

www.dhs.vic.gov.au/disability

(click the link to Self-directed support and then click on Supporting decision making)



For people with a disability, families, carers, friends and others.

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